## CATHERINE TRIMBLE, MSN, APRN, FNP-C

#### **EDUCATION**

Frontier Nursing University

**Masters of Science in Nursing** 

Family Nurse Practitioner 2017

The Ohio State University

Bachelors of Science in Nursing 2011

#### **GRADUATE TRAINING**

**Kenwood Family Medicine** 

**Primary Care** 

The Christ Hospital Physicians

Internal Medicine

The Bowen Center for Women's Health

Obstetrics and Gynecology

**Contemporary Pediatrics** 

**Pediatrics** 

### WORK EXPERIENCE

Nationwide Children's Hospital Center for Colorectal and Pelvic Reconstruction

Nurse Practitioner March 2018 – Present

Functions in collaboration with multiple physicians in a collaborative center and provides advanced nursing care to patients with complex acute, critical, and chronic colorectal health conditions. Provides comprehensive care throughout inpatient and outpatient care settings. Practices with a variety of specialty-based populations including neonatal, pediatric, and adult.

Responsibilities include daily patient care, rounding, documentation, and facilitating patient care including regular follow up care in the outpatient setting.

Cincinnati Children's Hospital Medical Center

Undergraduate Nursing Clinical Instructor

June 2015 – February 2018

Provide education, training, and mentorship to undergraduate nursing students during their pediatric clinical rotation.

Interim Healthcare

**Homecare Nurse**Provide care to pediatric patients in their homes.

All Saints Study Group

Teacher 20014-2015

High school chemistry teacher for a homeschool co-op group.

Cincinnati Children's Hospital Medical Center

Staff Nurse 2011-2013

Comprehensive nursing care for pediatric patients. Trained in all inpatient departments of the hospital, well equipped to float to all departments and provide competent care. Patient population include surgical, medical, neonatal, and critically ill patients.

AMN Healthcare

Travel Nurse 2008-2011

Comprehensive nursing care provided to pediatric patients ranging from infancy to adulthood. Multiple assignments ranging from large free standing pediatric hospitals to small community hospitals.

Cincinnati Children's Hospital Medical Center

Staff Nurse

Comprehensive nursing care for medical and surgical patients.

2007-2008

#### **BOARD CERTIFICATION**

American Academy of Nurse Practitioners Certified Pediatric Nurse

#### LICENSURE AND PRESCRIPTIVE AUTHORITY

Certified Nurse Practitioner
Ohio APRN

DEA Prescriptive Authority

National Provider Identifier

Registered Nurse Ohio RN

### **MEMBERSHIPS**

Ohio Association of Advanced Practice Nurses American Association of Nurse Practitioners

#### LOCAL PRESENTATIONS AND ABSTRACTS

Trimble, Catherine (2018, October). Panelist for "Functional Constipation Case Studies." The 5<sup>th</sup> Annual Pediatric, Colorectal, and Pelvic Reconstruction Conference, Columbus, Ohio.

## **BOOK CONTRIBUTIONS**

Nash, O., Choueki, J., Levitt, M. (2019) Fecal Incontinence and Constipation in Children: Case Studies. CRC Press

# Natalie Rose, BSN, RNC-NIC

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#### PROFESSIONAL EXPERIENCE

#### Colorectal Nurse Clinician 7/2018-Present

The Center for Colorectal and Pelvic Reconstruction at Nationwide Children's Hospital, Columbus, OH

- Triages patient and family emails and phone calls using critical thinking skills to determine patient care priorities and escalates clinical problems to providers accordingly
- Develops individualized care plans for complex referrals with Anorectal Malformations, Hirschsprung Disease, Functional Constipation, and Spinal Anomalies
- Educates patients and families in clinic and remotely to establish caregiver confidence and promote best outcomes
- Facilitates and coordinates quality patient care in a timely manner while promoting inter-disciplinary collaboration between all members of the health care team.

### **Neonatal Intensive Care Staff Nurse** 7/2017-7/2018

Mission Hospital, Asheville, NC

- Experience as a bedside RN in a 50-bed level III NICU, caring for premature infants, critically ill infants, infants with surgical and genetic diagnoses, and infants with Neonatal Abstinence Syndrome
- Acted as a clinician and teacher, performed head-to-toe assessments, and provided direct patient care according to evidence-based practice and established policies and procedures
- Worked with oscillators, ventilators, tracheostomies, continuous positive airway pressure (CPAP), high flow and regular nasal cannulas, temporary and permanent feeding tubes, and central / peripheral / umbilical / arterial lines
- Performed ordered procedures such as inserting PIVs, inserting feeding tubes and urinary catheters, administering blood products, monitoring vital signs and urine output, and titrating drips and IV fluids accordingly

## RN Clinical Coordinator & Patient Safety Officer 12/2015-6/2017

The Children's Institute, Pittsburgh, PA

- Served as the main point of contact for referral sources to the Pediatric Rehabilitation Unit
- Evaluated referrals to determine inpatient admission eligibility, ensuring the appropriateness based on established admission criteria
- Communicated with insurance companies to receive prior authorizations in a timely manner
- Led the investigative and process improvement activities to support the reduction of healthcare errors that contribute to unintended adverse patient outcomes
- Managed the Incident Reporting system

### Neonatal Intensive Care Staff Nurse 8/2011 - 7/2014 and 4/2015 - 8/2015

Riverside Methodist Hospital, Columbus, OH

- Experience as a bedside RN in a 36-bed level III NICU, caring for micro-premature infants, premature infants, critically ill infants, and infants with Neonatal Abstinence Syndrome
- Acted as a clinician and teacher, performed head-to-toe assessments, and provided direct patient care
- Attended high-risk deliveries and provided intervention to infants in emergency situations
- Helped organize the Parent Support Group to aid in family's emotional support during their hospital stay
- Served as a preceptor and mentor for new staff members
- Committee Member of Shared Governance for three years
- Served as EPIC Superuser during transition from paper charting to electronic medical record

### Newborn Home Care Nurse 7/2014 - 4/2015

Newport Beach, CA

- Provided in-home infant care and education to a family with newborn twins during the first year of life
- Educated parents on SIDS prevention, soothing techniques, establishing routines, nutrition developmental milestones, and reflex management.
- Encouraged parent bonding and independence with infants while also promoting sleep for parents

# **EDUCATION**

The Ohio State University: Columbus, OH Bachelor of Science in Nursing, June 2011

## **PRESENTATIONS**

Pediatric Colorectal Scientific Meeting: Presented Abstract, Care of the Malone Appendicostomy in the Post-Op Period, Salt Lake City, UT, 7/12/2019

## **CERTIFICATIONS**

Current RN Licensure in Ohio (372343)
Registered Nurse Certification in Neonatal Intensive Care
American Heart Association Basic Life Support (BLS) & Neonatal Resuscitation Program (NRP)
Certified Infant Massage Instructor (CIMI)